



Creative Workshops

An innovative approach to team-
building and employee wellbeing

<https://shupholstery.co.uk/>

Certified



Corporation



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Create with Purpose

For purpose-driven business leaders bored with the usual team-building activities, our creative workshops are proven to boost confidence and creativity in even the strongest teams – coupled with a physical reminder everyone will be proud of.

Our workshops are perfect for small groups of adults seeking an indoor team-building activity that fosters communication, connection and creativity.



For colleagues who rarely spend quality time together, or are always glued to screens, it's a chance to break away from the usual routine and focus on wellbeing.

We offer a variety of workshops – including upholstery, leather crafting and seasonal wreath-making. Each participant will leave with a fun keepsake that sparks positivity and inspires, along with a sense of accomplishment.



These experiences are perfect for teams that:

Want to Enhance Collaboration – Strengthen bonds among team members through shared creative activities.

Desire to Foster Creativity – Inspire innovative thinking and problem-solving skills through creative workshops.

Need to Break the Routine – Provide a refreshing change from the usual work routine, and helping teams recharge and refocus.

Value Diversity and Inclusion – Create an inclusive atmosphere where all team members can contribute their unique ideas and perspectives.

Wish to Celebrate Achievements – Commemorate team milestones and successes in a memorable and enjoyable way.

Strengthen Relationships – Build trust through shared experiences and challenges.

Tangible Returns on Your Investment

A seamlessly-run event that everyone enjoys, with team members buzzing with energy, a huge sense of engagement and satisfaction.



Participants will achieve instant tangible results that instil pride and fulfilment within the team. Additionally, this experience will enhance creativity and confidence – empowering your team to generate innovative ideas that drive business growth.



Connection – As team members work side by side, alternating throughout the workshop, they build stronger relationships and enhance communication.



We ask participants, before and after the workshop, to give themselves a mark out of 10 for creativity and confidence.

Last year's workshops yielded incredible results—participants reported over a 84% improvement in their own creativity and a 92% boost in confidence. Many initially described themselves as uncreative, but these views transformed into a belief of "I can do it," along with increased motivation and excitement to take on more. A great, transferable lesson for any workplace!



What Makes Us Different?



No Prep Needed – Step through the door confident that all the fine details are handled, and everything is ready for you.

Inclusive – This activity is appropriate for all ages (18+) and physical abilities. Ask about any special adaptations required for individual team members.

Sustainable Choice – Semper Hopkins Upholstery & Interiors Ltd is B Corp™ certified and part of a global community of businesses committed to achieving high standards of social and environmental impact.

Unique Venue – Our converted chapel in Scholar Green, Cheshire inspires deep feelings of calm. Disconnect with the outside world so you can deeply connect in person.



About Emma

Semper Hopkins Upholstery & Interiors Ltd was founded by wellbeing advocate Emma Semper Hopkins in June 2016 - later becoming B Corp™ certified in 2024.

Operating UK-wide from Scholar Green, Cheshire they specialise in delivering experiential creative workshops for organisations that value the mental and physical health of their employees.

Emma has a wealth of experience leading and managing high-performing teams in fast-paced environments, following her 15-year corporate career in food retail. Emma's expertise is also complemented by a Business Degree, Masters in Marketing and upholstery qualifications.

She understands the importance of creative activities, which encourage connection, innovation and overall wellbeing.

Emma is on a mission to provide organisations with these opportunities, and offers a sustainable experience that both rewards and engages all who attend.

Emma shares her story of overcoming burnout, fear, her personal journey of self-care and living a visionary life in the Amazon best-selling book 'Seen Too' - published on World Mental Health Day in October 2022.

Meet the Team



Emma Semper Hopkins
Director & Founder of
Semper Hopkins Upholstery
& Interiors Ltd
“Lover of Upholstery”



Ros Spiers King
Operations Support
“Lover of Organising”



Ian Semper
(Father to Emma)
“Chief Carpenter &
Lover of All Things Wood”



B-Corp Certified

At Semper Hopkins, we are very passionate about supporting our local community and being as conscientious as we can to build a better world for future generations.

Our customers may come to us from far and wide, but we love giving back to the place where we started. We are proud that our efforts for local charities and our sustainability values have been recognised with our B Corp™ status.

It's an achievement we are incredibly proud of, and we will continue to work hard to maintain the momentum and help our world become that little bit better because we were here.

Our mission is to enhance the wellbeing of clients through the joy of creation. Our vision is that clients feel inspired, motivated and accomplished through experiencing a creative workshop. You can read more of our B Corp™ story at <https://shupholstery.co.uk/b-corp/>

Half-Day Noticeboard Workshop



Participants will learn how to upholster their own unique and eco-friendly noticeboard, which can be used as a vision or display board (theirs to take home). A range of coloured fabrics and buttons to personalise design; afternoon tea; and hot and cold drinks at our workshop are all included.

Duration: Three-and-a-half hours from 9.30am-1pm or 1-4.30pm.

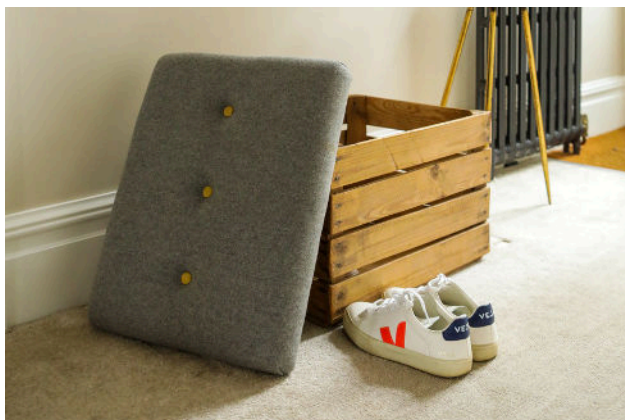
There is also the option to extend your half-day workshop into a full day – building in time for a business focus or team meeting. Additional half-day room hire is £200.

Description	Price	Discount for CIC or Charities
Noticeboard Workshop	£1,800 group of 12 (equivalent to £150 per person)	£1,440 group of 12 (equivalent to £120 per person)

Groups of up to 16 can be accommodated; extra places are £150 per person.

To book, visit <https://shupholstery.co.uk/team-building/team-building-pin-board-workshop/>

Full-Day Storage Crate Workshop



Participants will learn how to upholster their own unique and eco-friendly storage crate stool for practical storage and seating (theirs to take home). This is the perfect reward and recognition activity, or ideal for team bonding.

A range of coloured fabrics and buttons to personalise design; afternoon tea; and hot and cold drinks at our workshop are all included.

Duration: Six-and-a-half hours (usually from 9.30am-4pm, but times can be altered to accommodate your needs). Workshops take place Monday to Friday.

Description	Price	Discount for CIC or Charities
Storage Crate Workshop	£2,340 group of 12 (equivalent to £195 per person)	£1,872 group of 12 (equivalent to £156 per person)

Groups of up to 16 can be accommodated; extra places are £195 per person.

To book, visit <https://shupholstery.co.uk/team-building/full-day-storage-crate-workshop/>

Full-Day Footstool / Stool Workshop



Participants will learn how to upholster their own unique and eco-friendly footstool or stool (theirs to take home). This is the perfect reward and recognition activity, or ideal for team bonding.

A range of coloured fabrics and buttons to personalise design; afternoon tea; and hot and cold drinks at our workshop are all included.

Duration: Six-and-a-half hours (usually from 9.30am-4pm, but times can be altered to accommodate your needs). Workshops take place Monday to Friday.

Description	Price	Discount for CIC or Charities
Footstool / Stool Workshop	£2,340 group of 12 (equivalent to £195 per person)	£1,872 group of 12 (equivalent to £156 per person)

Groups of up to 16 can be accommodated; extra places are £195 per person.

To book, visit <https://shupholstery.co.uk/team-building/full-day-footstool-stool-workshops/>

Half-Day Wreath-Making Workshop



We offer wreath-making workshops in the Spring, Summer and Autumn. During these sessions, participants will spend a few hours learning how to craft their own luxury fresh wreaths. A wide range of foliage and decorations are available to personalise designs, and will change according to seasons.

Your experience will be made even more special, as a delicious afternoon-style tea is included.

Duration: The workshop lasts three hours. Morning sessions run from 10am-1pm and afternoon sessions run from 1.30-4.30pm Monday to Friday.

Description	Price	Discount for CIC or Charities
Wreath-Making Workshop	£948 group of 12 (equivalent to £79 per person)	£766 group of 12 (equivalent to £64 per person)

Groups of up to 16 can be accommodated, extra places are £79 per person.

To book, visit <https://shupholstery.co.uk/team-building/half-day-wreath-making-workshops/>

Half-Day Leather Belt-Making Workshop



Participants will learn how to make their very own leather belt. A range of coloured leathers and different buckles will be available for them to personalise their design – walking away with something totally unique to them which can be used for years to come.

Afternoon tea, and hot and cold drinks at our workshop are all included.

Duration: Three-and-a-half hours from 9.30am-1pm (times can be altered to accommodate your needs). Workshops take place Monday to Friday.

There is also the option to extend your half-day workshop into a full day – building in time for a business focus or team meeting. Additional half-day room hire is £200.

Description	Price	Discount for CIC or Charities
Leather Belt-Making Workshop	£1,188 group of 12 (equivalent to £99 per person)	£950 group of 12 (equivalent to £79 per person)

Groups of up to 16 can be accommodated; extra places are £99 per person.

To book, visit <https://shupholstery.co.uk/team-building/half-day-leather-belt-making-workshop/>

Enhance Your Creative Experience with a Learning & Development Focus

Semper Hopkins Upholstery & Interiors Ltd are proud to partner with a range of Learning & Development specialists who can supplement your upholstery workshop experience with their training and insights – including sessions on DISC profiling, goal setting, leadership training and more. Prices start from £2,340 for groups of 12 (equivalent to £195 per person).



Book a discovery call to discuss your enhanced event needs:
<https://calendly.com/sh-upholstery/discovery-call>

Testimonials

“The Sinclair Law Solicitors team traded legal briefs for fabric shears and spent a few hours together on a sustainable upholstery team-building course – a rare opportunity for the team to unite.

Semper Hopkins Upholstery & Interiors transformed their old chapel into our creative courtroom, where we crafted gorgeous noticeboards that are now evidence of our hidden talents. Who knew our team of legal eagles could be so creative?

We bonded over our staple gun fear, pondered fabric colours and shared button dilemmas as we crafted our noticeboards. Amid a beautifully presented and delicious lunch, we shared lots of smiles and laughter – embracing the chance to step out of our legal comfort zones. This creative recess left us all feeling energised and motivated - reinforcing our positive working relationships and friendships. Case closed.

A brilliant day of creativity and teamwork! A heartfelt thank you to Emma and her team for hosting this unforgettable workshop!”

Sinclair Law Solicitors



Testimonials



“Thank you to Emma and Ros for a great afternoon! We all really enjoyed this. It was such a lovely, creative activity and a great chance to switch off and spend time together as a team in the run-up to Christmas, thank you. My expectations were exceeded from the venue, the food and refreshments, the training and the fun we had together!”

Charlotte Dean, Managing Director at P3 People Management



“Emma is an outstanding provider of high-quality workshops tailored to the development of your team’s mental health and individual needs. In a wonderful old atmospheric building, she carefully guides everyone into creative construction. Highly recommended if you or your team wish to breathe, connect and engage in a fantastic team event.”

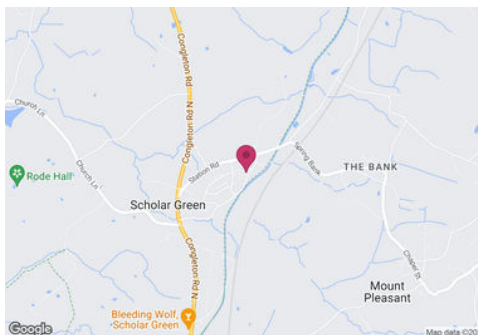
Keith Simpson, Director at Kestrel Education Consultancy Ltd



Where They Take Place

In-person workshops and team-building days can take place at our premises in Scholar Green – a beautiful converted chapel in the Cheshire countryside (postcode ST7 3HR, located 10 minutes from J17 of M6).

Alternatively, if you can't come to us, we can come to you (the event space will be at an extra cost to the organiser). This option is available for the Half-Day Noticeboard & Leather Belt Making Workshop. The room will need to have a workspace for participants to make their creations. These requirements can be discussed in the booking process.





Are you ready to take the next step to provide your employees with an innovative and exciting team-building event or wellbeing activity?

You can reserve your desired workshop via our online booking system.

If you'd rather discuss options, book a discovery call to learn how our workshops can inspire and engage your employees through creativity.



<https://shupholstery.co.uk/team-building/>

Email: hello@shupholstery.co.uk

Telephone: 01260 609021